“When I got out of prison, I had so many things to think about... finding a job and a place to live and making things right with my family. It was a huge relief knowing I'd get some help transitioning.

Thanks to the FIT program, I'm now working full time, managing my diabetes and moving on with my life.”

REFERRALS & CONTACTS

LifeWorks! Program
Goodwill Opportunity Campus
5301 Wilkinson Blvd.
Charlotte, NC 28208

Ed Smith
Community Health Worker
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(980) 556-2993

Terri Marlowe
Community Health Worker
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Connecting formerly incarcerated people with chronic illness to transitioning resources, health care, substance use treatment and mental health services.

In partnership with
WHAT'S FIT?

Nearly 25,000 people were released in 2017 from state prisons in North Carolina. Upon release from incarceration, individuals are frequently without housing, employment, health insurance or access to health care services.

The Formerly Incarcerated Transition (FIT) Program connects formerly incarcerated individuals who have a chronic disease, mental illness and/or substance use disorder with appropriate health care services and other re-entry resources.

In September 2018, as part of a comprehensive re-entry program, the Center for Community Transitions started its partnership with North Carolina FIT and Charlotte Community Health Clinic to provide treatment and resources to help ensure formerly incarcerated individuals have a successful transition.

WHO’S ELIGIBLE

The program assists people who suffer from chronic diseases during their re-entry process (while still incarcerated), after release, and up to 2 years later.

Chronic illnesses include:

- Diabetes
- Hypertension
- Congestive heart failure
- COPD or emphysema
- Kidney failure
- Liver disease
- Mental illness
- Substance use disorders

WHO WE ARE

The Center for Community Transitions FIT Program is a partnership with:

- UNC Family Medicine
- NC Department of Public Safety
- NC Community Health Center Association
- Charlotte Community Health Clinic
- County departments of public health
- Local re-entry councils
- Community-based re-entry organizations

COVERED COSTS

A significant barrier to health care services is lack of insurance. Most formerly incarcerated people don’t qualify for Medicaid and have no health insurance.

The FIT Program provides free vouchers to cover office visits and medication costs for uninsured patients. Office visits at Community Health Centers are $20-$30 and medications cost between $4-$20 per month, per medication.

If you’d like to make a donation to support this program, contact the CCT development office at development@centerforcommunitytransitions.org.

HEALTH & WELLNESS SERVICES

- Primary care through Charlotte Community Health Clinic
- Referral to mental health and behavior health services
- Referral to substance use disorder treatment
- Referral to other resources, including nutrition and tobacco cessation